

Who is this programme for?

Whether you have been on formal leadership programmes or not, this retreat offers an opportunity to take stock, revitalise and refocus your leadership. A natural time to come could be during times of change or transition – even just a sense that you are ready for something more, a new challenge. You may just have a sense of untapped potential, knowing you have more to offer. Alternatively, you may be feeling crowded out by pressures and distractions and know you need re-base. You may have insight in how your business needs to change, but feel blocked by the prevailing climate. You may already be taking the lead on an issue but are held up by people's inability or unwillingness to follow. This may cause frustration or even self-doubt.

Where, how much?

The retreat is held in the stunning setting of Waverley Abbey, Farnham. The entire programme costs £1475 (reduced to £1275 for advanced booking 2 months ahead of the start date above) including all materials, accommodation, drinks, food and telephone support from the Waverley team. Discounts are available for voluntary sector organisations.

Interested?

Contact Penny Hogan on 01252 783861. Email enquiries@waverleylearning.co.uk to book a place. If you wish to discuss further the content of the programme or its appropriateness for you, please call Chris Blakeley on 07966 130903.

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Who will lead it?

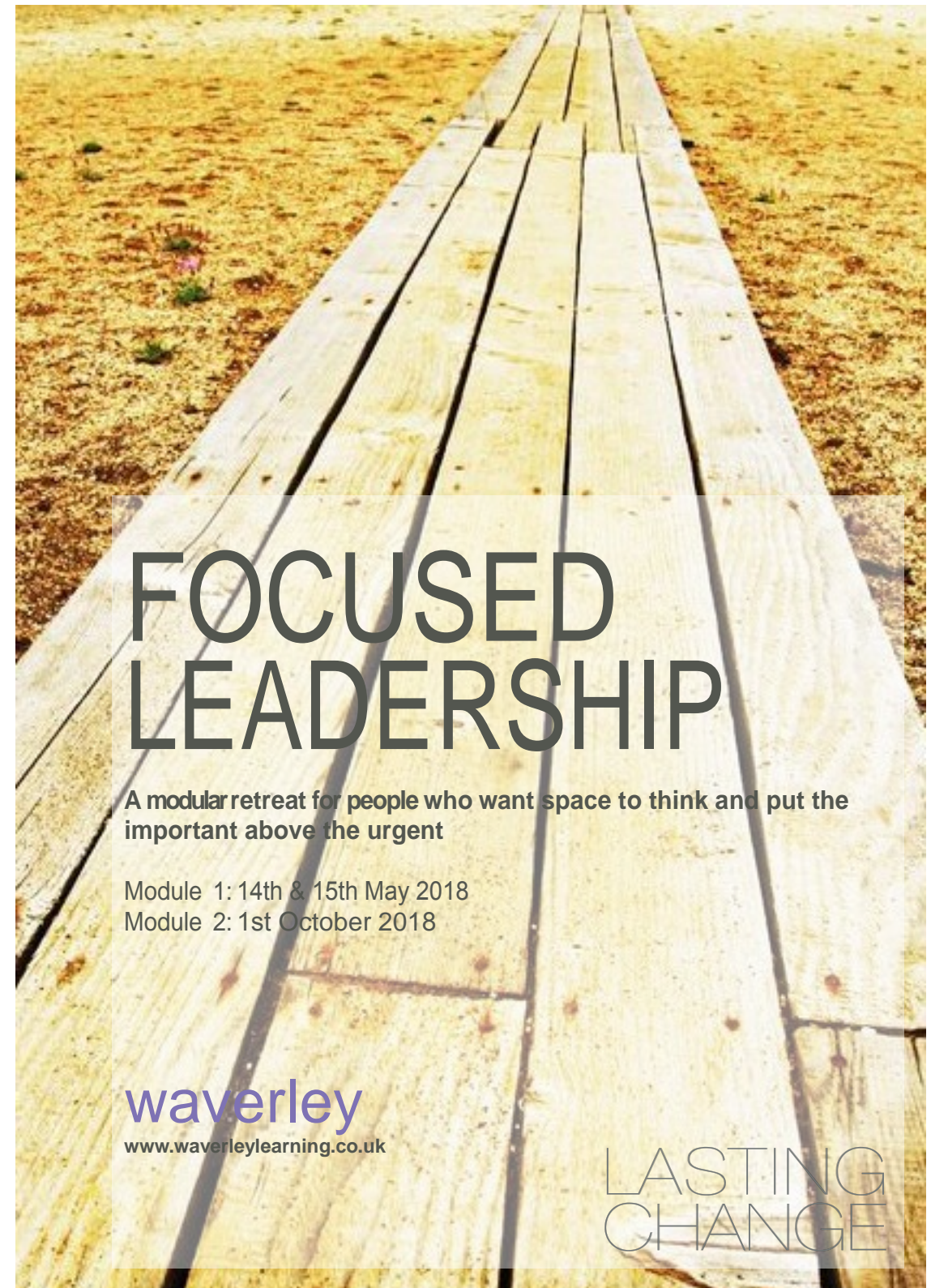
The programme will be led by Chris Blakeley, and Karen Stefanyshyn. Chris and Karen have been running leadership programmes for 20 years in many different sectors and countries for some of the world's largest and best known organizations including Aviva, Britvic, The Bodyshop, Cadbury, Cancer Research, Ford, HSBC, L'Oreal, McLaren, Pret A Manger, the Police, the Home Office, NHS, PwC, Unilever, Syngenta, Magnox, the Salvation Army.



Chris is the founder of Waverley and pioneered the use of the powerful 'deeper' learning practices that have made our programmes so distinctive and energising. The approach is founded on original academic research into how leaders really learn during times of intense change, and draws on insights from ancient spiritual traditions as well as modern psychology and organisational science.



LASTING
CHANGE



FOCUSED LEADERSHIP

A modular retreat for people who want space to think and put the important above the urgent

Module 1: 14th & 15th May 2018
Module 2: 1st October 2018

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www.waverleylearning.co.uk

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What is 'focused leadership'?

Focused Leaders are calm in all the busyness, clear in purpose, confident in their approach, resilient in character and influential in relationships....

Can these qualities be taught...? No... Can they be learned...? Most definitely!

What will this do for me?

This short leadership retreat will bring a whole new level of insight and awareness concerning your personal leadership power and effectiveness. You will return from it with clearer purpose, calmer presence and stronger impact.

Why a 'Retreat'?

The word 'retreat' reflects the fact that leadership development is as much about 'inner work' as about outer work. Our retreats provide a space conducive to a depth of reflection and self-insight that is not available in traditional leadership training. We have been facilitating these kind of leadership retreats for over 15 years. People are constantly amazed at the clarity, confidence and inner resourcefulness that they discover through the process.

"Inspiring and creative. I have come away with a new sense of optimism and renewed self-confidence..."

"Really helpful – gets you out of your comfort zone in a powerful, positive way..."

What happens on the retreats?

The initial two-day retreat is all about purpose, presence, poise and impact.

You will:

- pause and take stock of where you are right now as a leader – challenges, possibilities and relationships
- renew your vision and energy – re-base your leadership on what really matters to you and what really inspires you.
- master your priorities - learn to manage the focus of your attention and achieve a calmer balance in your performance.
- access more of your real talent and potential - to make impact with ease.
- be more confident in taking risks with openness and trust in key relationships
- become adept at initiating transformational conversations
- learn how to be more 'choiceful' – so you are running the system not it you.

At the end of this process you will leave with a personal programme:

- how you will be bolder and take more Leadership – with people and situations.
- where you will step out of your comfort zone into new learning experiences
- Simple tips to help you manage your energy and take control of your time
- Self-observation techniques to help you monitor your progress, strengthen your resilience and self-discipline

As you pursue this programme in between the retreats, you keep a reflective log of your progress and will be supported by peer coaching, with access to telephone support from the Waverley team.

The second one-day retreat is all about character, credibility and change.

You will:

- review your programme and explore how to learn powerfully from experience
- learn how to manage the emotional aspects of leadership
- assess and access leadership 'virtues' such as integrity, resilience, courage...
- learn how to avoid common leadership pitfalls and blind spots
- identify where and how you can be bolder in delegation and releasing talent
- receive more practical tools and tips for sustaining your focus, so you become your own 'coach' going forwards

Our expectation is that you will take on real leadership challenges during the programme so that you can ground your learning in your practical experience. This will ensure that the learning is sustainable and will be taken into future leadership experiences.

Why this structure?

We see leadership as a simple process:

'Wake up' to what needs to change around you and the unique qualities and resources available to you to make this happen.

'Step forward' into the joy, risk and excitement of doing this – bringing your energy and power confidently and quietly to bear in a context that is usually crying out for some proper, healthy leadership. Stripping out the nonsense - saying what needs to be said and doing what needs to be done.

'Keep going' with perseverance, patience and humour in the face of opposition, inertia and the unexpected. Being firm, but kind to yourself. Managing your energy and timing. Knowing when to push and when to flex.